



# BASIC RESCUE FROM HEIGHTS



## COURSE OUTLINE

This course is designed for rapid response rescue of persons suspended on a lanyard or height safety equipment.

The course covers

- Rescue planning
- Risk assessments
- Rescue techniques
- Lowering and belays
- Raising and haulage systems
- Treatment of suspension trauma
- Ladder and EWP rescues

Safety issues related to working at heights are covered, from how forces are generated in falls to correct selection and use of anchor points and height safety equipment.

## COURSE DETAILS

Number of participants:	4 -10
Course Duration:	8 hours (1 day)
Location:	On your site or at a suitable training facility
Instructor participant ratio:	1:10

## OUTCOME

### Statement of Attainment\*

### PMAOHS110B - Respond to emergency situations

(\* RESQ is parented by a Registered Training Organisation for accredited courses)

Call Australia (+61) 0407 386 399 to book your course

Call Indonesia (+628) 2145 087 509 to book your course

**RESQtraining.net**

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